



SKATING STARS **Synchronized Skating**

New at Skate Nation Plus for 2009!

Thursday's 5:00 to 5:30 pm, September 17th thru December 18th

13 week session, Beginner 4 thru Freestyle 8

Synchronized skating is one of the five official competitive disciplines recognized by the United States Figure Skating Association (USFSA). It is a team sport that offers a greater opportunity for competitive skating. This Learn to Skate Program will introduce young skaters to the beginning and intermediate fundamentals of synchro, and graduate them at a level where they can skate on a competitive team. The program will emphasize teamwork and team building, including opportunities to skate along side the Open Juvenile and Intermediate level Richmond Twizzler teams. Skaters will earn one of four **USFSA Basic Skills Synchro Badges**. This clinic will conclude with a synchronized performance at the **Holiday Ice Show**.

Practice attire should be black pants and a black leotard or plain black shirt, (not included).

\$140 for skater already enrolled in Learn to Skate or is a member of the Richmond Figure Skating Club*; price includes costumes for the Holiday Show. The costumes are being sponsored by the Richmond Twizzlers Synchronized Skating Team!

*\$180 for skaters not enrolled in Learn to Skate or not members of the Richmond Figure Skating Club

Please call Olga or Lea at 364-1477 x119 for more information or to enroll.